

## Meager Magic of Venus Halloween 2017 for Beginners ~ By Brett Nortje.

This magic is for people that liked the minor magics, and, want to proceed into new realms of fantasy come real, of course. There are no attack spells yet, so it is rather kosher, still... Please remember to keep Venus in your prayers and seek her guidance with these spells too!

### Lone wolf

This fantasy series is what got me into role playing when i was a little boy. of course, i thought i was really special playing these books, and that got me into role playing groups, when i found out i was less special.

Anyways, i have a theory that nearly any figment you can conceive can manifest itself into reality. this theory has come to nest within me, and, now i want to make a lot of real powers for fans of this game series. then i want to get into the world of titan and see what i can manifest there, but this is much easier and not as vast, so i want to try this first - this lone wolf stuff.

The way i think the story went was that you were the last of the kai and that you had to develop your powers yourself, of course. these kai characters were like druids and rangers from dungeons and dragons, so they seem to be rather moral if you ask me.

I am going to experiment with a new type of power source for this adventure into fantasy - semantic projections. This will require you to do things with your body to symbolize the action, and project things with your imagination to compliment the actions you are making. in other words, you will use your body to create patterns, or, basic body language, and then use words, as they are also language, and then project images or sounds too, or, even smells or tastes.

This follows that faeries or the world around us are manipulated and dominated by a strong force, as if your hand were traveling through a lot of smoke, or, even trying to push a castle over. you can of course see that some things are easier to do than others, yes?

So, first i want to make a psi blast and psi defense. this will, in my estimation, require the person to hold their hand as if blocking to their temple to defend, and their hand open as if making a karate chop to blast. then, they will need to shout to blast, or keep calm and resist to defend.

Maybe with a blast it would be better to make your hands as if you were pointing with your finger from your head to blast and penetrate? this would be where you walk forwards too, towards the enemy, and then 'keep your on hand eye' or both eyes open? conversely, this would be defended better by taking a step back and closing your eyes, to block out inputs, yes?

To make it manifest easier, you should picture the brain of the other person, identifies by name, or, identified by position, and imagine your open karate chop hand or pointing finger penetrating that 'mind.' this brain attack should disorient them, if you were to go for the right part of the brain. picture the brain, and then picture the cerebral cortex, or 'outside of a circle.' maybe the numbers [180 degrees] will help as the cerebral cortex is open as if it were one hundred and eighty degrees, or, [90] to [270] will suffice? this will be the area of the penetrated brain you wish to affect, of course.

Come to think of it, it would be better to keep your hand in a fist to symbolize the lack of a need to penetrate the brain, as the bludgeoning affect of a hammer would do it? so, you picture a hammer hitting their head, and simulate this with a up and down motion with your hands, of a fist, of course, or maybe a punch or motion as if knocking on your temple with your fist, softly from you to hard as you 'strike out?'

The commands for this attack should be vocally said to be "her." this is the natural sound you make when you attack in real life, so will be understood by the faeries, of course.

To defend this, you should hold your hand flat to your temple and close your eyes, step backwards and shout "toy," or something similar.

Maybe the best way to go about this is to move your hand in a semi circle and then bash it with your other hand? this is effectively the language side of your brain communicating with the subconscious side of your targets brain. so, you need to move your off hand, clasped in a circle, around one hundred and eighty degrees in front of you, or, above you from your face to your scalp, and then bash it hard with your attack hand?

Of course, the command words could be changed too. basically, we should listen to martial arts attacks - what noises do the fighters make when they attack? this is more of a 'hmp', or maybe a "erha" or similar noise, yes?

To defend, maybe we need to make a "no" or "nein" or 'uh uh' sound?

These would be best illustrated by imagining your target's brain, as if it were a circle, and then symbolize this circle with your hands, of course.

Of course, as our kai masters lose health due to penetrating each other's minds, they may need more health! this means it is time for healing, of course. i have found other magic systems that heal, but something easy for those young kids out there would definitely do it.

So, we need to lay our hands onto the wound - this is natural. it is instinctive to hold your hands to the hurt parts of your body in times of pain. this means there is something latent about doing this, something i wish to exploit to become faster 'variations' of healing.

If you were to hold the area that is sore, you could use your off hand to 'draw' or 'simulate' a door closing or a sewing needle, or, something 'drying.' the drying would be because of the body being made of moisture, and even the skin needs to dry the blood to close the wound, yes? but let's try them all!

~ You must hold the area affected with your language hand, your on hand, your writing hand, yes?

[1] Closing a door symbolizes the stopping of blood. if you were to draw the door with your other hand, like a square, you should repeat the number 90. this you must say while you are closing the wound, as this symbolizes the ninety degrees of the door, times four, coming to 360, of course. most cuts are square in nature, as they are oblong lines, being like cats scratching you and stuff, yes? this means the cuts are squares or oblong themselves. thinking of a door closing might stop the blood, and, the command for this is "aah" or ah, as if opening your mouth, yes?

[2] The needle approach would be where you draw a line with your off hand and then try to signify or illustrate the 'crossing out' of the wound. this could be helped by whisking your hand right to left, and back again. the vocals for this would be "err" or "era."

[3] The drying of the wound, or, replenishing of chemicals or liquid fuels to that area, but while the fuels are flooding out, you want the outside to be dry because it is full of blood. this is a combination of 'drawing all the liquids in,' which would be symbolized by a clutching motion towards your on hand that is covering the wound, of course. the command for this one would be "shlk" or "sulk" as that is the sound we make when we suck up liquids, of course.

Now for telekinesis. this is where you manage to magnetically pick up things like keys or biscuits and spoons to make them come towards you, or float away from you, and everything in between. this is a fundamental power of every kai master!

So, for this to work, you need to be able to see the thing, i think? if you were to concentrate on 'the thing,' you could make a 'clutching and dragging towards you' motion with your on hand, or a open hand pushing motion to repel it - this makes sense, of course?

Then, you need to draw the item with your 'off hand.' this symbolizes the conscious command of the on hand or conscious, backed up by the symbolic and image recognition of the off hand.

If you want it to come towards you, take a step towards it, or 'bow' to it. if you want it to go away, you should stand up straight and lean your head backwards a little bit. then it comes to commands; i suppose breathing in and keeping your feet and hands slightly apart to make like a 'dock' could be complimented by the words "com."

Then the trick is, i hope, to sing to it? this is something i tried with minor success. sing a song with the words "come" in them repeatedly?

Don't forget opposites attract. this means, if you want to mind blast someone, you should think of them, as if you use a hammer motion, a stone as them, or something that gets hammered. this would be better with a shield image of them, yes?

For telekinesis you should imagine the object as being like you to make it go away, or the opposite of you to make it come towards you or go anywhere else. so if it is a spoon, you should imagine yourself as, or project an image of, a bit of sugar, of course.

Animal kinship is highly thought of by all 'ranger type kai.' this is where you attract, subdue and tame animals, so, if you want to teach your dog tricks, this is for you! as yet i am not sure if it works on all animals of a species, or as one familiar that you bond with, of course.

This can be done by 'speaking' as if you were the animal. making woofing or meowing sounds will obviously attract the attention of cats and dogs, but birds and bees, horses and rabbits might be different.

So, we need to mimic the sounds they give off when they are 'happy.' this study should be concluded quite quickly, to the understanding of all 'participants.' to attract the, you first need to make them feel that being with you will make them happy, hence the happy high pitched sounds they make. this follows that sound wave density will make for a lower attraction rate the lower it is, as you have heard the desired effects of dogs trying to scare people away being low, and cat fights going on with low meow sounds, as they try to divert the other creatures, yes? this means that the attract/repel rate is dependent on density of sound, or, tone, of your sounds you make, if you will.

Now, to make them do things, you need to lead them around the area that you want to train them in. this could be like taking your dog for a walk, and them making high sounds to indicate that they must 'relax.' this will no doubt make them pee, yes? makes sense to me!

Maybe if we were to change our tones as they move around, due to other sounds we make, we could 'control them?' this would be like making a in between noise when they are doing what you want them to do, getting 'happier' the more they succumb to your wishes, or lowering your tone as they do things or go places you do not want them to go?

Danger sense could be used if it were up to the 'kai protege' in ways that will let him or her know if they are being stalked or are in harms way. this would be where the person thinks of themselves, or looks into a hand mirror or pool - any reflective surface.

When people and creatures think of you, you will be charged with energy unlike yours. this would mean that you would give off a multicolored aura, or, grey to black aura, that you can see on the reflective surface. this will indicate if you are being thought of, by 'finding a pattern in the water,' you could identify who it is, be they aggressive towards you, or be they your friend or scared of you, of course.

And that is the basics of the way of the kai. mastering all disciplines of a certain type of game is advised, and to keep them only in that type of game would make them develop quicker, of course.

Now we move onto magna kai disciplines, which is what you are supposed to learn after completing the other kai disciplines listed before. i left out things like camouflage and hunting, because i thought that these are reflected more by modern day skills that are easily picked up.

But, onto invisibility! this is where you may, of course, go invisible. this was the hardest thing to do for me last year with my previous science based magics, but i will try to make it easier for you now. the speed you go invisible at may vary, but, as always, pushing and focusing will get you through.

So, if you want to go invisible, you need to stop light from stopping on your body. to do this correctly, you need to make your hands point through, behind you or at your feet, indicating that the photons or light goes right through you. this will make the light not stop on your body to show

where you are.

To do this, you need to make two circles with both hands above your head and bring them towards you. this will indicate the desire for the light to go through you. then you need to take a step back - as this is what everyone does when trying to avoid detection - and then whisper the word "haa." this is the sound people make with great relief, or, when in winter they stride into the sun, of course.

Now, to complete this spell, skill or discipline, whatever you want to call it, you need to close your left eye if you are right handed, and your right eye if left handed. this will be indicating that you consciously will let the light shine through you, as your on side of your mind is at work.

Invisibility could also be observed to be a lack of sensation on the eye hairs of onlookers. so, if hairs feel things, then the 'obvious replication' to this, to make yourself less visible, would be to decrease the density of your impression on their eyes.

This could be done by breathing out or holding your breath. this would be where you resist the 'being seen' aspect of life. this would mean that you are resisting the rays of the sun, or, that there is a shadow cast on you.

This shadow should be coming from you towards the other creature. this could mean that the photons are negated in the shadow. of course, you would have to put your hands up flat to the sky as if blocking the effects of the sun on your own eyes.

Spirit walking, the last of the magna kai powers i will cover, due to others being so interwoven with others, is where you leave your body in an out of body experience. this would be possible in ancient terms by lying flat on your back, then imagining yourself getting up, by sitting up with your mind while you keep your actual body still.

Turned into my magna kai take on it, it is merely a will to leave your body with your aura doing so - some of the heat from your body is projected forwards into a 'spirit form,' while there is enough heat for your body to remain healthy.

If you want to mentally do this, you need to relax a lot with your feet and try to leave through the your scalp. this upward motion suggestion is based on your head being the hottest place on your body, with your feet therefore being the coolest.

So, you merely push your mind, heat and spirit up.

Oh, before i forget, the power known as nexus could also help you out. this is resistance of the elements, like hot and cold, of course. basically, you alter the heat signature of the place you are in by using your aura to generate a 'circle' or 'globe' and then pushes hot or cold things away from you. this is done through projecting your heat at the other heat, warming it up so it rises, or cooling it down so it rises above the heat you generate. then there are acids to be resisted against too.

[1] This fire idea is because the hot air of fire will burn you unless you make it so it 'goes upwards,' as hot air rises, so you want to let a limited amount of hot air out the bottom to get underneath the fire, putting it out, basically. this can be done by semantically touching the ground, where the energy from your body will enthrall the base of the fire, flat handed of course. the command words for this would be "ga." blowing upwards into the air might also help.

[2] In the case of cold, you need to put your hands out in front of you, to 'push the cold down,' as cold always goes down. this would mean you need to think of it going down, blowing into it from above. the command word here would be "ra."

[3] Acids are really nasty. i suppose doing the same as with the fire would do the trick here, as, the unstable elements that make things acidic are chemical imbalances where materials of higher density are even affected. this means, of course, maybe we need to observe they are dissolving due to a high solubility with the acid? of course, we need to merely clench our fists, so as to signify holding things together, and think of water diluting the mixture. this might be done by solidifying the mixture too, as as it is, it will be good to dilute it with water, or satisfy it with density. this would be done better by making your body fold into a smaller stance, as that is what

is naturally done, so, we need to say to the acids, either, "wis" the sound of it withering away, or, "ga" to make the fire nature of it recede.

### Magic of Power Centers

I have been role playing for a while now, and one of the games that really gets me is vampire the masquerade. in this game, there are heavy social things to how you converse with each other, and society, and these rules may play out into the real world naturally as an unleashed force. with that in mind i am deciding to do this anyways.

~ For this game, we are going to use power centers of the body. this will be like indian chakras, that we have brushed over lightly in the past, but now i want to bring these centers of the body together in a collage, so as to make the body manifest this game's effects. so, once more, the diagram;



So as to imagine shapes in our mind, or, form shapes with our bodies in a pattern, going from the part of the body to the rest of the power centers. this would be like a circuit board for a computer, where if we want to affect ourselves with something like healing, we would start at the bottom of the spine and work our way up to the head, for example.

This could be made more effective by tensing that body part too, to force a result.

When our chakras are full of bad energy, this is merely stress and stored energy. this is because our bodies are getting ready to unload this stress in a physical manner, some way that will help us survive, as the body is tuned to survive. when we shake after getting angry, for example, this is our body shedding the manifested energy that we needed to fight with, of course.

Now, if we are to manifest powers, we need to plot a course and chakras to use - the more we use, the less effective the stress unloading will be. as we prepare to use a discipline, we collect power there, so, refueling needs to be done - like blood points for the vampires, yes?

Let's start with *auspex*? this vampire power is about heightening our perception of the world. this obviously uses the third eye or blue chakra and purple or crown chakra. this is because our third eye will sense the image, sound or smell of 'the thing,' and our minds are there to process stuff for us, like linked to taste and stimulus like smell and processes the fuels of the body, so, it will process the stimuli and tell us what is going on.

Then, you need to focus a flow of energy from your third eye going to your scalp, or, in a cycle.

This means, you must picture the right shapes for these two with the right colors and then imagine the place you are focusing on, or person, with these colors and shapes. then, you will get a premonition you must not ignore, and trust your gut.

Maybe we need to mix the colors, into split shapes? this could be, for example, the red rose petal combining with the orange hexagon, creating a new image? i suggest only using two chakras, as the connection between them will form the circuit and neural energy required.

In our example, we would imagine a 'blue upside down pyramid' on a 'purple fractal outside.'

We also need to form the two shapes we are mixing with our hands to bring the desired effect, or, we need to draw shapes and colors on our finger nails. this will be where we hold these fingers in, or stick these fingers out to activate the chakras semantically with the universe around us.

Three new colors come to mind, being gray, white and black. these colors will indicate a greatness of density with the black, a moderate or balance with the gray and white would be an absence of color or energy.

So, the black would be there to deliver energy. mixing this color with your other two finger nails painted will result in the effects being full of energy, so as to throw a fire ball or something. black is activity. this is of course for attacking energy.

Then, white is the absence of activity, or default for non materials. haven't you ever seen the white flames at times? these are where the energy is leaving the colors behind to cut through materials like with a blow torch. this still is a lack of activity, and, an indicator of defense, as it will nullify or calm energy.

Now, the gray color is like a utility. it is as if you can see the black in a shadow, of course, so has a fine balance between fullness and emptiness, leading to a safe yet active energy level. this is of course for utility powers, i would fathom?

Celerity is like haste in the dungeons and dragons universe, and, it is so cool! you can move faster than normal, but, this might drain you as if you were running or jogging, of course. this would be like taking speed, or, playing old games with low spec requirements that just fly in patches.

So, this would be a combination of your heart or chest chakra - to pump more blood faster, and, deliver a quicker neural chemical signal to your spine or yellow chakra. this means you need to use the fingers with the colors yellow, green and gray, clasping them while extending the others, or clenching the other fingers while you point these.

Then, you must think of a 'star of david inside a 'hexagon,' of course. this would see the shapes in your mind's eye moving around in in eight directions of the directions a *ma* uses, so the third shape should be a like a two crosses placed together, but with one of them at an angle - eight pointy lines.

Corrections to *auspex* would be to cup both hands to your ears as if you are mimicking listening. then, you need to imagine the gray color along with the right other colors and superimposed simple shapes.

For celerity, we need to transfer energy from our heart to our spine, and, this can be done by imagining the red and green colors and shapes, with the transfer being symbolized by using white, then green, then gray then red, then black, to signify the transfer of energy. using something like this for the *auspex* would also help.

Potence is cool! it is a surge of strength for the person using it. you will notice that all vampire disciplines are centered on themselves, so this is why i suggested chakras, as they are energy centers inside the body. this would be where the 'vampire' uses their own energy, manipulating it to give the desired effects, of course. now, back to potence! this is like a woman lifting a car off her child, you could also say.

If you want to activate nearly anything physical, you need to follow the green to red color pattern i previously mentioned. so, this would be complimented by collecting stress into your arms and legs, and, there fore spine.

Helpful images for the three new colors would be left for black, according to the ying yang of the chinese, gray would be 'two smaller twin circles' and white would be a right handed image of the ying yang.

~ remember, the chinese read from right to left, so, before there was or is energy, there is whiteness, nothing. then there is activity, gray, and then there is energy, black.

Then there are communication disciplines like presence, dominate and animalism. these would be manifested by purple crowns and light blue throats, meaning the sounds you make with your voice would be more 'comely' to them.

So, this would be where you mix the shapes, colors and images for the 'spell' to work. this would see the voice you use needing to compliment the energy you wish to give off too, so, half whispers would be good for animalism, as trust is an issue here. then, for presence you would need to speak as if full of wonder and awe for the people, with great manners too. for dominate, you need to be rather firm to 'sarcastic,' 'asinine' and 'majestic' in nature.

[1] This will make the animals trust you more, as you will be making the sounds of an 'older animal.' think, now smaller animals make high pitched sounds that they squeal and they will be excited, so you need to be calm and sure of the relationship, or, at least give this impression 'substance or credibility.'

[2] With presence you need to compliment the others, and then speak highly of yourself. this is what people do to win others over in royalty, as taught to them by their advisors, as this is where you raise the feelings of the people, and then you follow them into the grandeur.

[3] Dominate will be where you make them unsure of themselves, and sure of you as the guide to their circumstances. this would be like a fear thing, where you identify yourself as the anchor in the storm - if there is no storm, talk about one!

Chemistry or illusions can be activated by mixing the purple to orange, where you will take your mental images and 'excrete them from your body.' this would see you send an image or sound to the other person, maybe even a smell or taste, yes?

The illusions need to be correctly colored, so you need to go from white to purple to gray to orange to black, of course. this will see the image going from your mind's eye down a long time to the abdomen, so the illusions may take awhile to manifest, of course.

The image must be simple, the simpler it is, the easier it is to do in the beginning. this will leave you with this image being broadcast as a 'lot of smoke' = that is what happened to me a while ago last year with a purple triangle.

Coloring your illusion should be done to avoid them all coming out yellow or red. this can be done with minor 'chemistry of gases,' focusing on one type of gas will get you that color, or, you may eliminate others to get quick 'out of white' coloring.

This also requires you push with your abdomen, like as if you are preparing to be hit there, or, some form of exercise or clenching motion.

"The haunting" is about sending a person nightmares during all hours of the day. this is not very useful if you ask me, but it would be nice to have a person you do not like get very scared, and then show yourself to them as a friend, which will be what they are searching for, i suppose.

The nice part about this is it is a vivid dream too. this means you can consult a dream dictionary

to find the meanings of all the aspects of the things around you and energies coming into your life soon, or understanding your circumstances, so it is a bit like divination if you ask me?

Anyways, this would be a projection of your purple and turquoise chakras to the other person. this would be the common white purple gray turquoise to black with your finger nails, then the right shapes, remembering that white is a semi circle, gray is two separate circles, and black is a semi circle from ninety degrees to 270 degrees, then you project this onto your target through either your throat or abdomen, as these are the two outlets that affect others.

~ of course, if you were to look at their third eye, or imagine this going into a 'blue square' on their temple, then this should work better.

Fortitude is where you resist damage to yourself - this is like toughness too! if you were to practice this every day, you would build up quite a hard outer skin to protect yourself from falling and fighting, or even being bitten by a dog, yes?

To 'manifest levels' in this, you need to focus on your yellow stomach chakra, as this is where harm is processed, as this is where things end up when they come into the body, so - damage would be no different - and then excrete the damage quickly to your nearest projection center, being your abdomen, orange.

I think simply exercising will do the trick at conditioning your body. i know some muay thai fighter condition their shins by kicking bamboo trees, ans that makes them break and reform, like candle wax making the candle thicker, of course. this is of course not required, mere exercise or pushing with your body pats you wish to condition should do the trick, and can be safely added to at home or at the gym.

What could help with fortitude is tensing and relaxing your whole body while breathing out, so, maybe yellow to turquoise will be better? this would make the processing of harm be dealt with by releasing the harmful information - as cells merely communicate and overpower each other with the message - could be breathed out?

"Mask of a thousand faces" is where you alter your form to be more like something else, genetically. chakras for this would be yellow for processing and green for regulation and dishing out fuels to the cells to allow them to 'grow.' conversely, if you want to get smaller, you need to use green heart and orange abdomen chakras to expel the energy that we have inside of us.

This could manifest by touching your face, and, drawing a picture of what you want to look like, or, even looking at a picture you want to look like. this image will go to your crown chakra and then to your stomach for 'processing.' then, your heart will send the right frequency through your body, and then yellow to grow and orange to shrink.

You could use your fingers with the colors on them to touch to your face too.

### Shadow Run Powers

One of the better games i have played has been shadow run. it is about you acting as a mercenary or spy and using weapons, computer programming and spells to accomplish your goals. this is like a matrix themed game you could say, like the movie.

So, for this 'game' we are going to focus on the "adept." this is someone that brings energies into their bodies to increase their natural strengths and skills, and even gain personality merits and flaws - flaws grant more merits, of course. this game should only be played by older children, as, it might mess them up if they start taking flaws that will ruin their lives or bring about other unseen things that i, as a parent, would not like to see my child doing. of course, if you as a parent have time to monitor your child, then this might be okay, i suppose.

So, how does one augment their body to absorb energies? i theorize that anything you do over and over, like lifting weights to build arm muscles, or walking up steps for stamina, teaching your muscles how to perform martial arts better or even studying for recall, will make you stronger, yes? this makes sense, of course, as anything you do as a habit makes the habit stronger in you and bring about changes to you, where you are more in tune with your habit, like for adults it



would be drinking beer and not getting drunk so fast!

Then, you need to draw energy into you while you are doing these things to boost them permanently. if you lift weights, your strength will grow, but when you stop, your muscles will fade, yes? if you were to actually tone yourself so as to not lose muscles you produce, this would require making these changes permanent, of course. hell, making it so that you actually gain muscles faster too would be nice as well - that is another part of this.

So, to draw energy into you, you could pray to your god to imbue you with the energy to perform this task, and commit it to your body, mind and spirit. this would be the easiest most humbling way to increase your natural strengths, of course.

This could also be possible with a spirit. if you were to find a list of angles - as god might be busy - you could ask an angel for assistance in this field. if it is something they specialize in, then they might make you stronger in these ways quicker, of course.

So that is the major advantage of being a shadow run adept, statistics that represent your body, mind and soul. if you were to do this a lot, you could become quite an athlete, gymnast or martial artist too!

To keep these powers going, it is advisable to eat the whole time, or, smell incense or herbs burning. this will take the activity as it is happening into your 'being' and these things will mingle with your cells. the energy you are giving off will come back to you naturally, being stored in your bodies cells, as the smells go into the lungs, into the blood stream, and then find a place in your bodies cells and organs.

Of course, there might be a limit to this, as there can only be so much foreign influence in your body at one time.

You know, something just dawned on me - praying for spells. they say this is possible, but we don't want to spend the spells straight away, we want to charge them for the future. of course, this will be slow in the beginning, but, if you were to practice every day, then you could increase the rate you store spells at.

~ I suppose this might sound like devil magic, but he will never grant you the powers that venus, jesus or allah would! this means that a good adept would always be more powerful than some necromancer from some dark alley, of course.

So, you choose your spells, and then you charge yourself for the next day by praying for these spells to manifest inside of you while you sleep. it is good to sleep when you are 'absorbing magic' as then your body is relaxed and ready to take on the stored energy that is stress.

~ This might make you a little bit grumpy the next day, like a olden day sage or something, due to the tensed muscles for how much spells you take on. then, you would carry this stored energy with you, as we remember that stress is stored energy.

Then, we need to find the spell list. this can be done by talking with your god to find their rules, as, praying correctly, with your eyes closed, your elbows lifted and parted and your hands under your slightly raised chin will put you into direct contact with that god.

First, what i call a 'wild talent.' this power is there to copy cat any of my other spells that work in previous volumes and my magic books - "the magic of brett nortje." understanding this spell is not necessary, and you may only learn one 'spell' like this.

You would have to pray to gain this spell, and then let it take time to gently filter into you. if you absorb the spell too fast, you might feel sick or something!

~ So, we now know how 'priest magic / stored magic / and adaption to extremes' happens? this is good news, i am sure you will agree. forget what i told you about messing your children up, this form of 'magic or powers' is very safe and quite moral, in fact i would say it is the most moral of all the things i have done.

Boosting ones adrenaline could be done by explaining to the gods that you want to move faster for a long time, as if you were a predator in the wild. these animals always have a quick boost of speed to their normal 'outputs' and this acceleration is to catch the herbivores, yes? of course, the herbivores are better over long distances, as they spend a lot of time running in paranoia of losing their lives, loved ones or children.

Maybe it is possible to do both? if you want to boost your overall speed, you need to pray to your god and ask them to make you more like a predatory lion, or, if you want stamina, praying to be more like a buffalo or horse/zebra would do the trick?

If you were to look through a biology book or web page showing you where the muscles are for this, and the overall biology of the animal, then you could speed the process up by showing venus, jesus or allah the glands and cells and muscles you want to focus on?

"Astral perception" is something where you can see spirits and ghosts and of course demons, and attack them too! this would be where you pray for your god to shorten and make more sensitive some hairs in your eyes and ears, and have them be able to be switched on or off. these sensitive hairs will allow you to see and hear the spirit realm, of course.

~ The game rules say you can attack them, but i lack the resourcefulness to generate rules like that as yet.

So, you want to turn this on or off, as, if it is too sensitive, it will hear everything you hear in real life to too high a degree. say you are in the central business district and you get overwhelmed by the traffic, you will know what it means to have too high a sense of hearing then!

Turning them on or off would require a nervous system reconfiguration or adjustment where you control the hairs that connect them to the rest of your body. this would be like a circuit, where the hairs would either be in place to connect these nerves to the rest of your body or not. this is the only safe way to have this power, as the disorientation, as i explained, will leave you a raw nerve on the side of the street if you do not take precautions.

Alternatively, you could make the hairs thicker by adding volume to them. this can be done by 'telling your genes to thicken,' and that would be possible by eating a lot of mucous like food, like butter or lard, as this is very thick food. the coating that it will give your ears and eyes will allow the nerve hairs to be covered by this 'glob of stuff' and then simply suck up the hydration, swelling to be thicker, thereby allowing for more volume of sound and sight to go to your brain to be processed.

Of course, if you were to use some iron or fiber as well, you may be able to pick up radio frequencies, wifi and of course television signals. i am not quite sure how this would work, but if you learned the 'morse code' that every signal is based on, you could understand them, i am sure.

"Kiai" is a power where you make a loud shout and scare everyone away. this would be like a roar from a lion, of course, but how does the lion scare people with this? i would suppose it has to do with the tone and pitch of the noise, maybe making a sound like a lion would do it? maybe the battle cry of a gorilla would do it? let's try to combine the two?

Okay, so we want to make a noise with our lungs and voice box that really scares creatures away. this could be done by praying for stronger lungs and throat voice boxes. this will see them made denser, of course, and then they will be able to discharge or emit more energy with them.

Praying for your lungs and throat to toughen up means that the muscles will increase in density, so, you might need to breathe in and out, and shout, while you are praying to the relevant god for it to be conditioned.

"kinesics" is like almost a secret language, like in dungeons and dragons the thieves cant. this will allow you to talk to people in ways only they will understand fully. this would be where you give off your own messages to the person - the better you know them the better they will understand - or detect messages from other people, like in a hunch that a policeman would have.

Of course, if you want to encode a message. you need to put emphasis on certain words, or, i have found with my nephew, i could make on syllable and he would understand the full word of the sentence. this was quite a surprise for us.

So, you need to think of the thing you want to encode, and then pray to have this given to you by god, this secret innuendo. this will let your voice fluctuate and tones differ, so as to make a unique message that others will not pick up easily, dismissing these grunts and wheezes as a problem with communication from you or the other person. this would be especially handy if you were a spy or agent for the government that needs to keep secrets, while delivering secrets. it would also be possible to send a innuendo across media for the other people like you to intercept.

But of course, there is the chance to hear what other people mean too. this would be due to observations of them, and, understandings of them. unfortunately, this will not be quick or easy to learn, but it will form bonds between you and others that are held due to familiarity.

Actually anything can be learned or granted to you by praying. when you pray, you must make the message as clear as possible, as, the gods use electromagnetism to understand the message, and energy waves like electromagnetism to send these powers back to you. the more filtered the message, the better the spell will be.

So, if you want to learn a "spell" to cast the next day, you need to explain in the prayer exactly what it will do. the simpler the prayer, the less effective it is, "i want to resist getting drunk for the party." this is very vague, yet easy to deliver.

Now, if you want to send the proper message, a more potent spell would be that, "i want to sweat the beer out through my sweat glands so i will not get drunk easily for the party." the more technical you get, with organs and cell operations, the more potent the prayer will be.